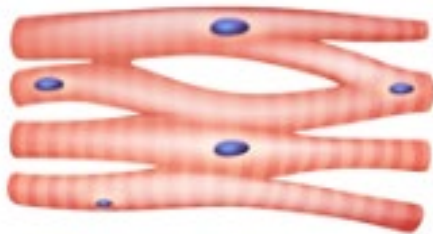




Muscle and Cardiovascular Tissues

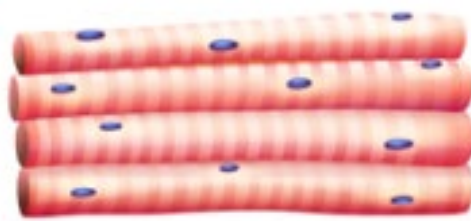
Amilen Souto Cortês

Muscle tissue



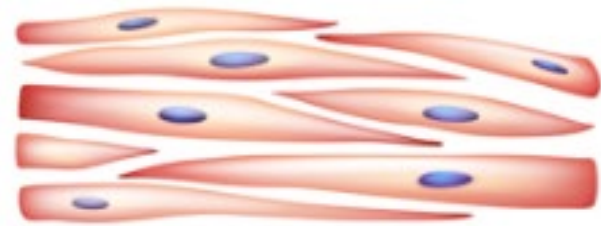
Cardiac muscle

- Striated
- Tubular, branched
- Uninucleated fibers
- Involuntary



Skeletal muscle

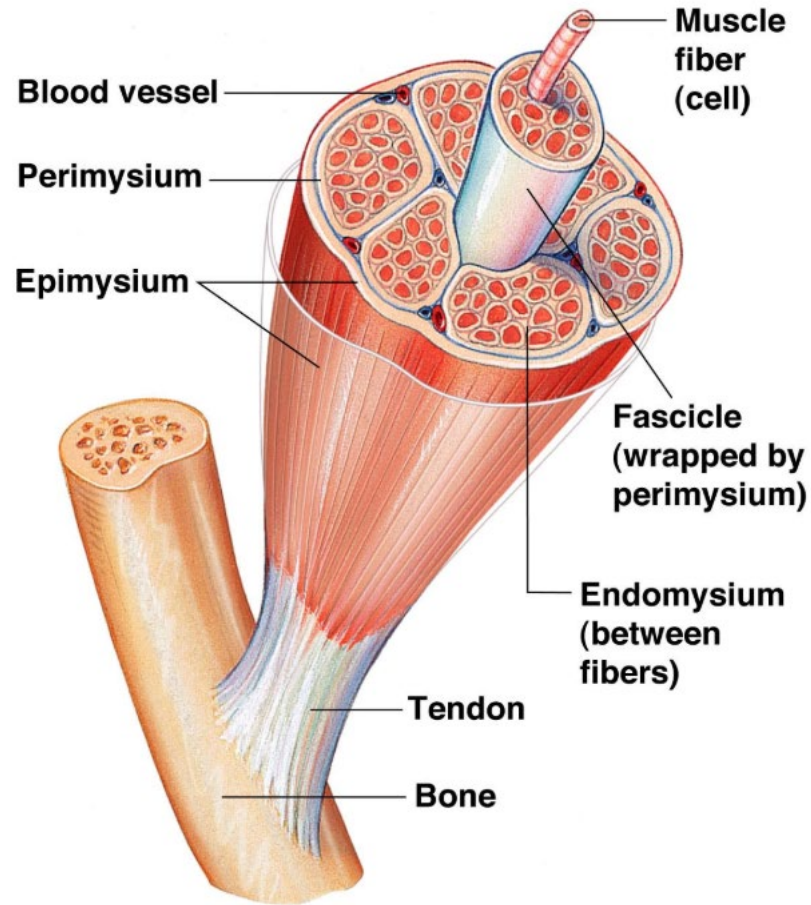
- Striated
- Tubular
- Multinucleated fibers
- Voluntary



Smooth muscle

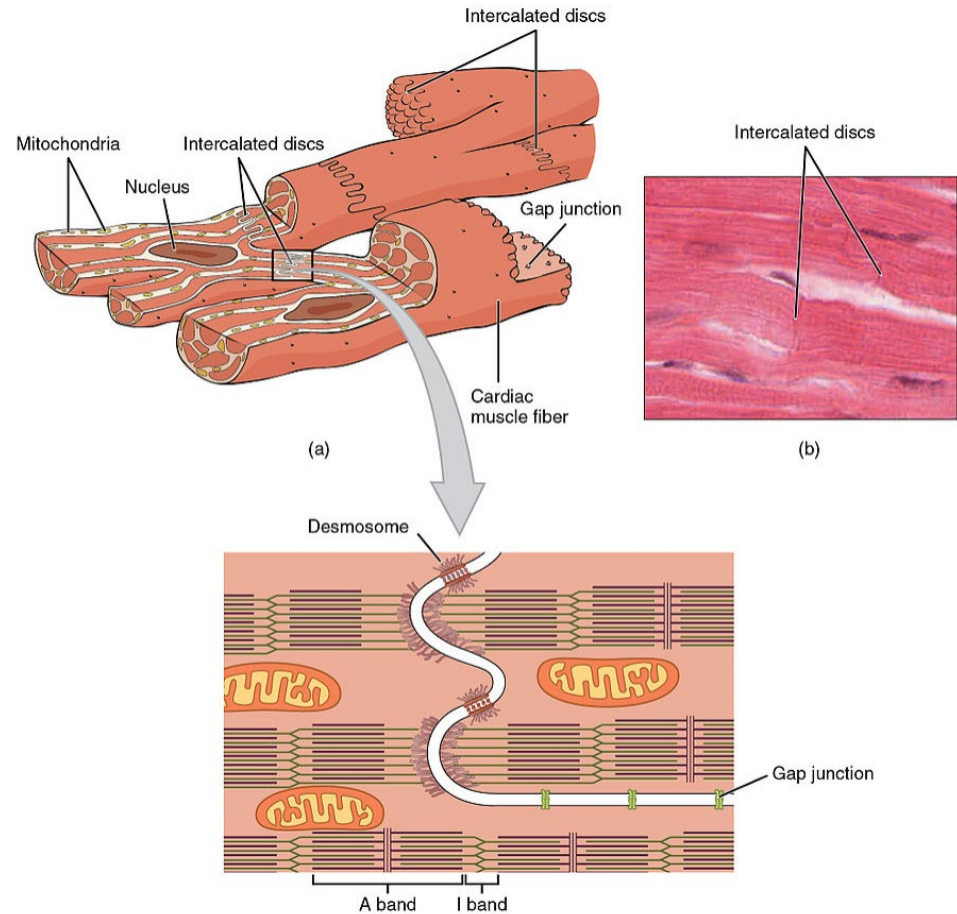
- Non-striated
- Spindle-shaped
- Uninucleated fibers
- Voluntary

Skeletal Muscle



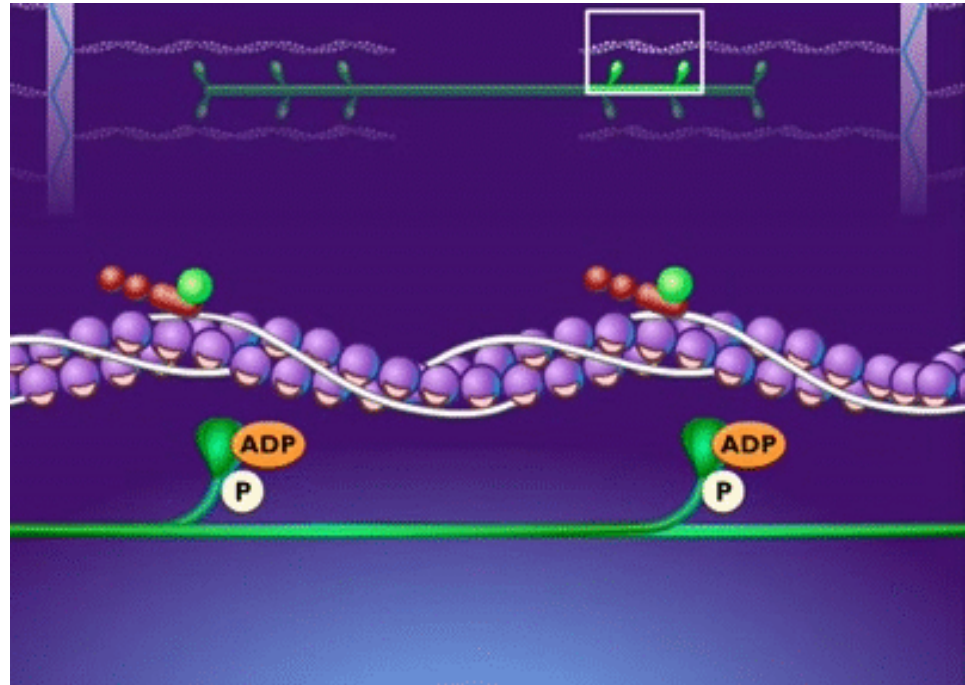
Cardiac Muscle

- **Intercalated discs**
- Sliding filament mechanisms
- Self-excitable or autorhythmic



Cardiac Muscle

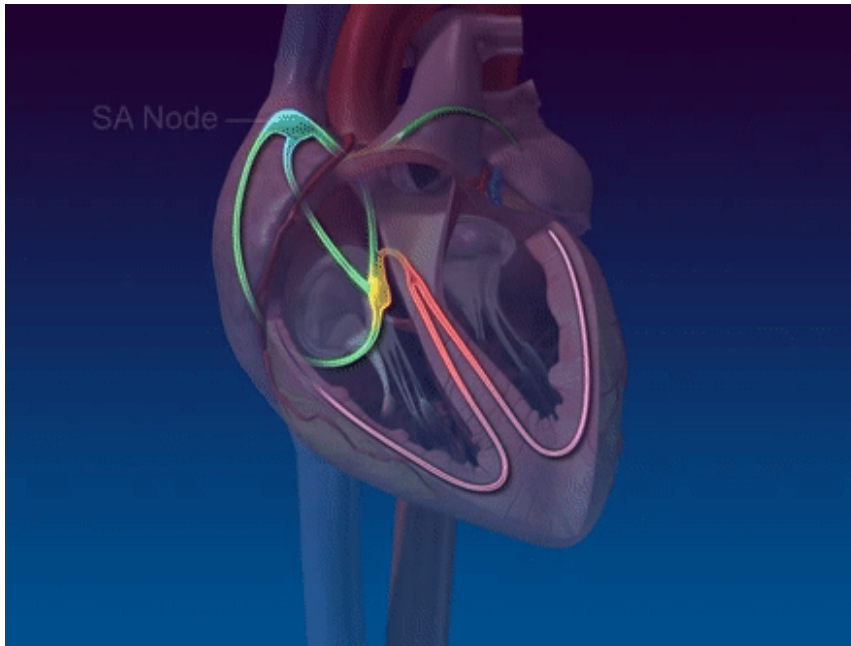
- Intercalated discs
- **Sliding filament mechanisms**
- Self-excitable or autorhythmic



Cardiac Muscle

- Intercalated discs
- Sliding filament mechanisms
- **Self-excitabile or autorhythmic**

Electrical Conduction in the Heart



1) SA node

Generates electrical signal → Atria contracts

2) AV node (Atria → Ventricle)

Slows the electrical signal → delay

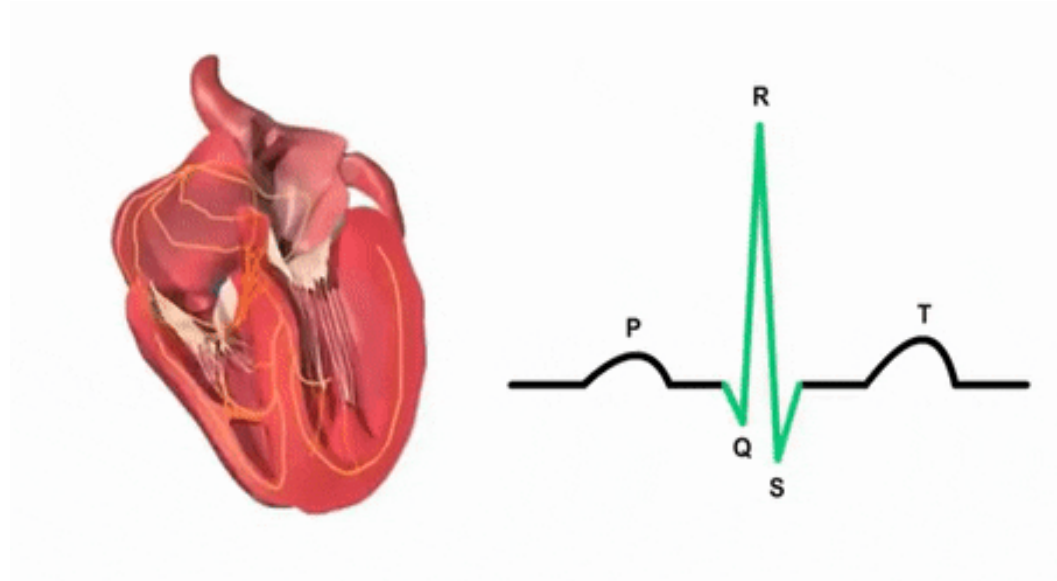
3) Bundle of HIS

4) Bundle Branch

5) Purkinje Fibers

Acceleration through ventricles

ECG Signals

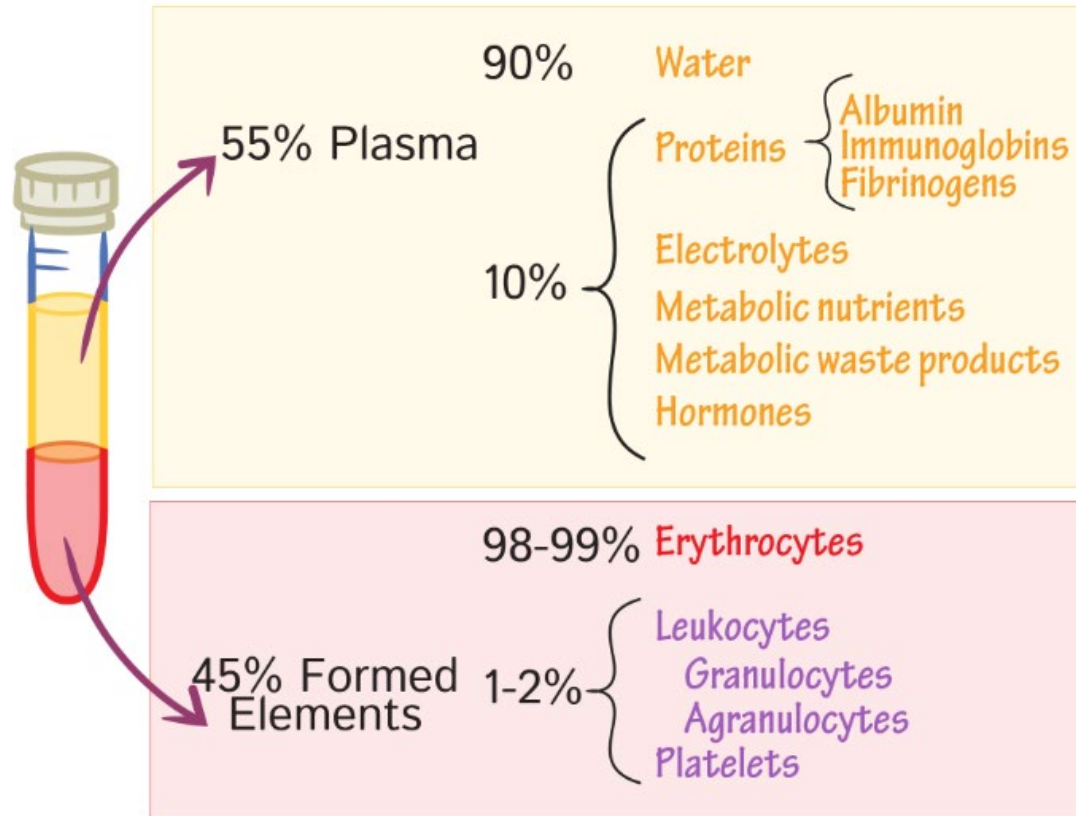


P: Atrial contraction

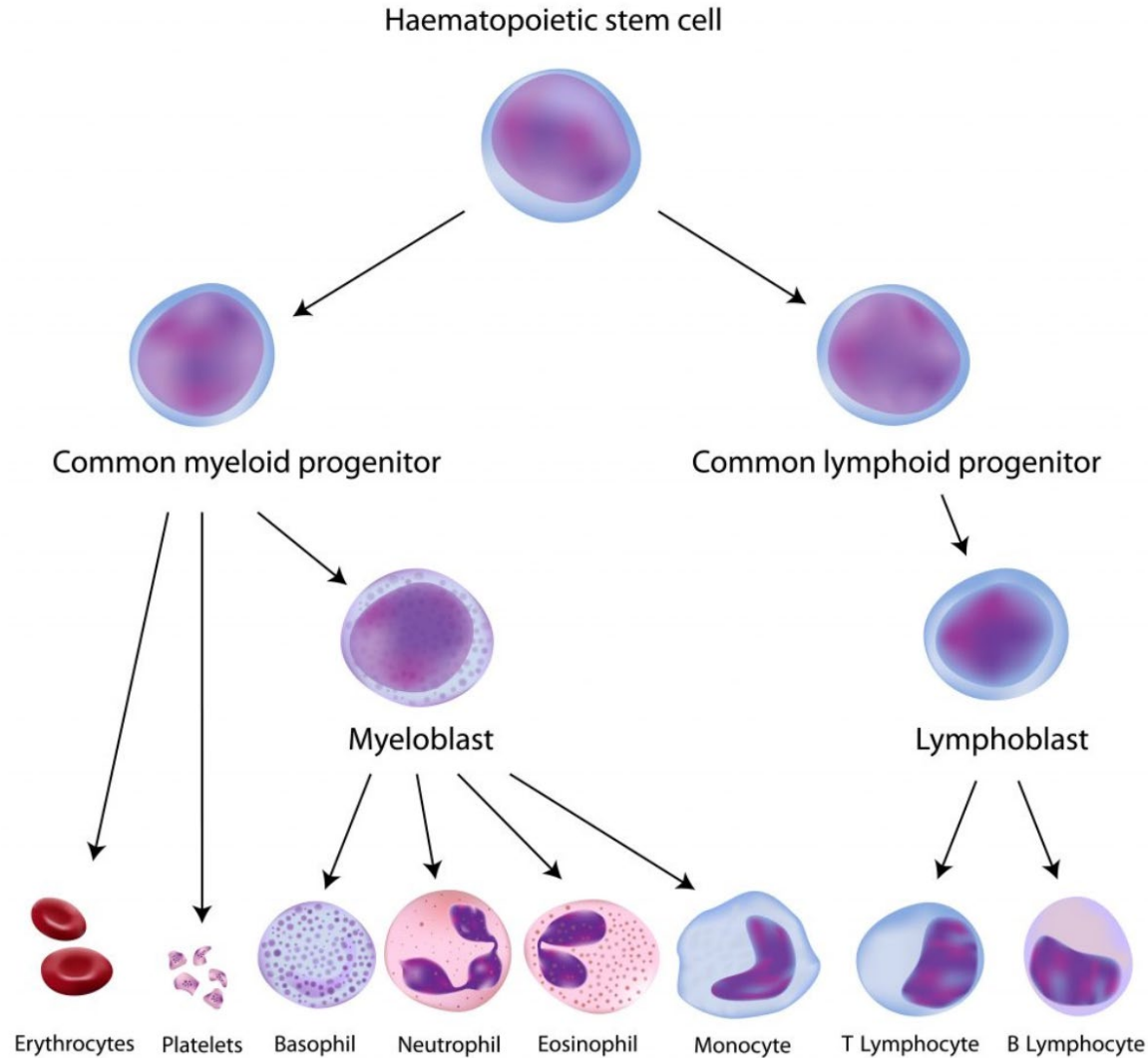
QRS: Contraction of the ventricles

T: Relaxation of the ventricles

Blood Composition

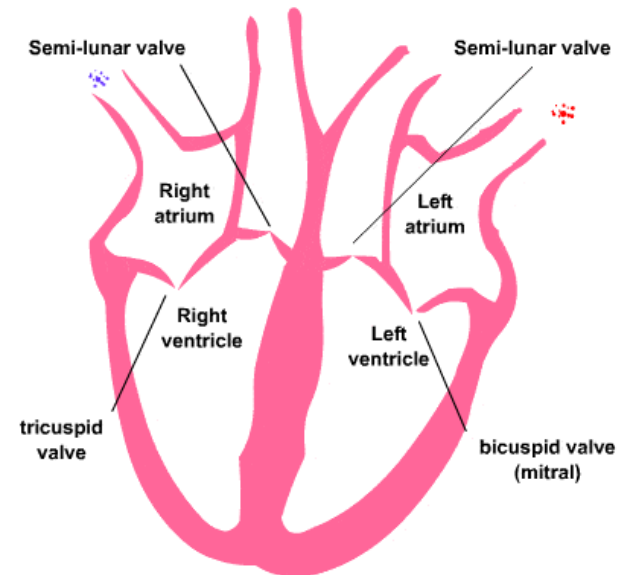
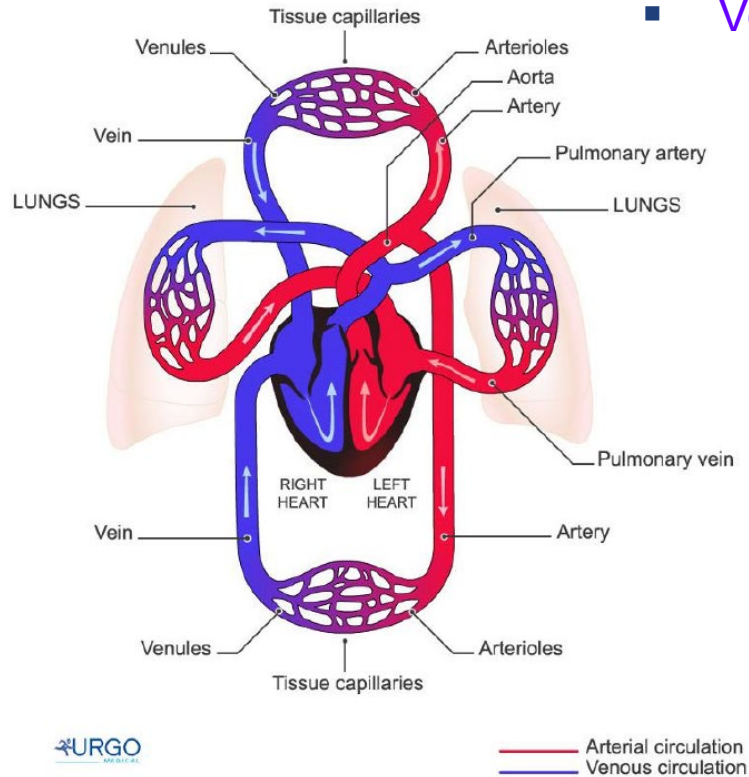


Origin of the Blood Cells

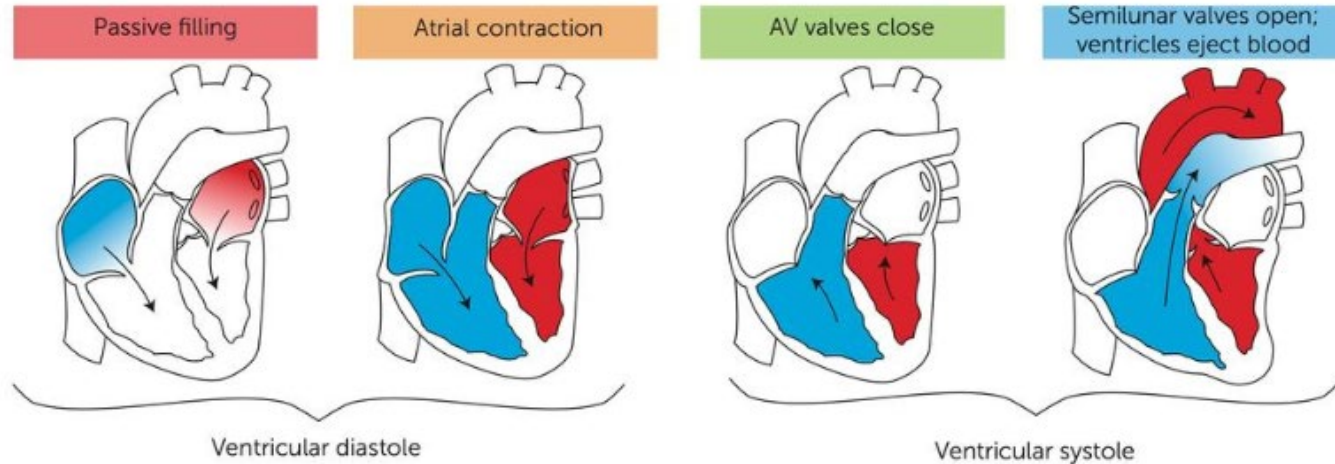


Blood Circulation

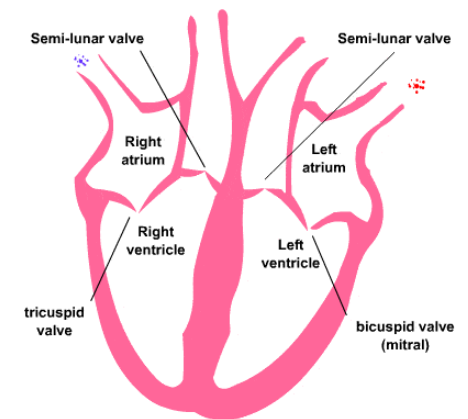
- **Arteries** (O₂-Rich): From heart → Body
 - **Veins** (O₂-Poor): From Body → Heart
- Exception: pulmonary artery



4 Stages of the Cardiac Cycle



- Diastole(=Filling phase)
- Systole(=Ejection phase)



Stroke volume, Ejection Fraction, Cardiac Output

$$\text{Stroke volume} = \text{EDV} - \text{ESV}$$

$$\text{EF\%} = (\text{SV} / \text{EDV}) \times 100$$

Stroke Volume: the volume of blood pumped from the left ventricle per beat.

Ejection Fraction: The percentage of blood that is pumped out of the ventricles with each contraction.

$$\text{CO} = \text{SV} \times \text{HR}$$

cardiac output = stroke volume X heart rate
 (ml/minute) (ml/beat) (beats/min)

Cardiac output: The volume of blood pumped from each ventricle per minute

- Average heart rate = 70 bpm
- Average stroke volume = 70–80 ml/beat
- Average cardiac output = 5,500 ml/minute